

# Acting Workshop

## The Psychological Gesture of a Song



**George Contini, Associate Professor, MFA, BA.**  
**University of Georgia, Dept. of Theatre and Film Studies**  
**Specialization: Michael Chekhov Acting Technique**

This workshop will focus on how to deepen your psycho-physical connection when performing a song or a monologue. It will involve strong physical movement, dress appropriately. Participants will leave with a more thorough understanding of how to use the techniques of Michael Chekhov in developing richer performances. The Psychological Gesture is Chekhov's most famous technique and its use can lead a performer towards a strong sense of objective and purpose. Using a song they are currently working on, the participants will be taken through a series of practical Chekhov exercises (Incorporation, Atmospheres, the Four Brothers, Polarities, Psychological Gesture). Participants will need to have the words of a song memorized. We will not be singing to any accompaniment but speaking the words as a monologue.

**This Workshop will be offered twice.**

**DATE: Tuesday February 8<sup>th</sup>**

**Wednesday February 9<sup>th</sup>**

**TIME: 18.00-21.00**